## **Towns County Sports**

Towns County's Leader In Sports

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Indian athletes sharpen skills, teamwork over summer By Jeremy Foster Towns County Herald Staff Writer

Towns County High School student-athletes have kept at it this summer with off-season training to stay in shape and prepare for the

Students have been undertaking various activities such as weightlifting, minigames, camps, practices and more to remain active and keep teamwork alive while enjoying their free time before heading into the 2022-23 school year for each of their respective sports.

High School Athletic Director Jim Melton shed some light on what the school sports teams have been up to so far during the break, now more than a month into sum-"It has been a busy sum-

mer with all of our sports," Melton said, "and it was exciting to see some fun competition during these basketball camps with teams from many areas coming including Murphy, Gainesville, White County, the Atlanta area and "On Thursday, June 30,

we will be hosting an FCA 7-on-7 passing camp at the High School with several teams coming for that as well, and it is great for all of these kids to get more experience." Girls Soccer Head Coach

Clay Livingston said that his players are working out in the weight room three days a week "and trying to get some extra touches in the evening with some 7 versus 7." 'And we also have trav-

eled to Hart County many times and will play them, Oglethorpe and some other schools as well," Livingston said. "It has been great to see all of these girls still want to work hard and get extra practice during their break.

"They all believe that if you are not doing something in the off-season to make yourself better, then you are going to get behind. Other schools are working hard, too.

"We are glad to provide opportunities for the kids to continue to develop and get



saw Towns County play three scrimmage games against Banks County, Tallulah Falls and Union County. Photo/Lowell Nicholson keeping busy with his players

on the field, too, and still enjoy his team has been up to this their time with their friends summer. and families during the sum-

Flag Football registration is happening now for kindergarten through fifth graders, spearheaded by the Towns County Parks and Recreation Department Director Stuart Nichols. "We are working di-

rectly with the high school program and Coach Jason Roquemore to keep the kids moving and active while out of school and get them interested in football when school starts back up," Nichols said. "Registration is open now and people can go to www.townscountyrec.com or contact my cell at 762-294-9293 to sign their child up.

"Registration will close fee is \$40. The games will three-sport athletes." start Saturday, Sept. 10, with "We are all working practices starting on Thursday, around other sports and camps, Sept. 1. We are looking very forward to seeing everyone there and doing something for

Towns County High

"We are working around football, because pretty much all of my guys play that as well, so we are practicing Tuesdays and Thursdays from 6-8 p.m.," Rowland said. "We go in and do some cardio drills and practice our techniques in a more relaxed environment, and we always end our sessions with live wrestling.

'Everybody does their football workouts in the morning and then wrestling at night, so much respect to all of our incredibly hard-working students."

Boys Soccer Head Coach Rollie Thomas wants to inform the community that he and his student-athletes are "definitely staying busy this summer," especially since his on Monday, July 25, and the team features "a lot of two and

so we are working with each other and primarily focusing our training in the evening times with smaller group workouts and team play," better in the weight room Wrestling Head Coach Bran- Thomas said. "Coming in July, physically and mentally and don Rowland also shared what we will most likely be doing

some pickup games and scrimmages, with some 3 versus 3 games coming in August, so ticing and hitting up some we have many great activities, double-headers as well. just spread out a little bit.

"We are working on getting as many touches as we can and staying fresh and keeping the rust off. We have most of our players returning next year with a few freshmen coming up who are really going to help us out, and we will be working on building our team Shannon Floyd, the

Head Baseball Coach, has been burnt out, and everyone can all Indians - alive.'

by playing some games, prac-

'So far, we have played Fannin County, Rabun and Lakeview, and for all of us it is simply just getting some reps in," Floyd said. "It is great that everyone who came out this we play in a relaxed environment; it gives all players time to slow down and work on the fine tuning of things, because most our students are multisport athletes, so none of us want them to get completely

"We hold our practices on the same day that we play our games, and the players, coaches and refs are laid back because we just want to use this time to learn more."

As for basketball, Girls Head Coach Shea Taylor said he ran his Middle School camp "The camp was called

Mountain Madness, and this was my fourth year doing it," Taylor said. "I had nine girls" teams and eight boys' teams show up to participate, and it was great being able to see the kids progress and get better." Boys Basketball Head Coach Brian Hunnicutt has

throughout June, including a recent camp that featured teams from Banks, Rabun, Tallulah Falls and Union. 'The summertime is about learning more and growing together as a team; the points, wins and losses do not matter and is not our focus (at

this time)," Hunnicutt said.

been playing different games

"We will be finishing up with practices on June 30. "We will still be doing workouts and weightlifting, just not team basketball so we can give more time and the month of July for the football team to start focusing on what they need to do to prepare for their season when school starts

"I am very proud of summer to play, work hard, and get stronger and better. That is what these kids do, and the attitude that they maintain to keep the honor, tradition and legacy of Towns County Basketball - and the legacy of

## MGC collects five State championships Lawrenceville - Repre- State title, placing second with Gold Experienced, thanks to a

senting Blairsville's Mountain Gymnastics Center (MGC), Shy'Ann Beasley, Lucie Burgess, Addyson Lee, Keely Shook and Baylor Sullivan were each crowned a State Champion in their respective divisions during the AAU and USA State meets in

Beasley took home first on the bars in the AAU Xcel Gold Experienced Division with a score of 9.450.

Burgess' score of 8.9 on the beam gave her a first-place finish in the AAU Xcel Silver Novice Division. Lee recorded the AAU Xcel Gold Novice Division.

Shook came in first on the beam in the AAU Xcel Gold Experienced Division, tallying a 9.5. And last but not least, Sullivan's 9.1 on the floor exercises earned a gold medal atop the AAU Level 1 Novice Division.

Along with a second-place performance on the vault, Burgess just missed an all-around

Scoring a 36.075, Madelyn Primeaux placed third all-around in AAU Xcel Silver with a runnerup performance on beam and a bronze medal score on the vault.

In other AAU Xcel Silver competition, Hartley Hodges placed ninth and Selah Patterson was 11th in the Novice Divi-

In the Experienced Division, Kylee Coggins and Makenzie Duval finished ninth. Reagan Gwynn placed 11th.

Sullivan placed fifth allaround with a 35.225 in AAU a 9.2 on the beam to place atop Level 1 (Novice), while Hope came in ninth. Mattie Kate Alexander also competed for MGC in Level 1 Novice.

In AAU Level 1 (Experienced), Renley Loyd and RaeLynn Thomas both placed seventh. Camilla Duello was 11th.

Lee placed third all-around in AAU Gold Novice, totaling a 35.875. Shook was second allaround with a 37.275 in AAU

econd on the vault to go with her gold medal on the beam. Shaylynne Davis came in

third all-around with a score of 36.925, via a second on the bars and third on the beam. Beasley ended up seventh

all-around in AAU Gold Experienced and Addison Harkins

In Level 7 competition, Emma Schuette turned in a top-10 showing on the bars with a 9.25.

## **Veterans Golf League Results** This week, Chatuge

annual "Par 3 Tournament". We had 45 players and a good time was had by all. Winners in the gross score division were 1st Randy Tompkins, 2nd Ron Slatt and 3rd was Gary Nicholson. In the net score division Bobbi LeHollier 1st, John Harkins 2nd place. Ray Ide and Mel Halfon tied for 3rd place. T(June29,J1)JH

## "Happy Together" Pickleball Tournament thanks sponsors

a tournament at the Towns County Pickleball Complex and Courts in Hiawassee on June 3 - 5.

The name and theme of the tournament was "Happy Together Tournament," which complemented the "Happy Together Tour," presented at the Anderson Music Hall on June 4. About 300 players from the surrounding states converged on Towns County for the 3-day event, bringing with them revenue and support to our local businesses and rave reviews about the tournament and our worldclass pickleball facility.

such a huge success. We wish to thank them for their kind support of our tournament and for their leadership and concern for the welfare and betterment of our community.

Please support the following businesses who sponsored our tournament and we hope you'll continue to support all our local and area businesses:

Armor Exteriors; Asia-Atlantis Commercial Group, Inc; Athens Neurological Association; Boundary Waters Resort & Marina; Century 21 Black Bear Realty-Rick Andrews; Century

tain Pickleball Club hosted sible for making this event cierge LLC; City of Hiawassee; Collage Boutique; Eller Tire Company; Folger Gas LLC; Garrard Development Inc; Hayesville Brew; Hiawassee Package; Hiawassee Park Senior Living Community; Ingles; Jacky Jones Automotive; LaCabana Mexican Restaurant; Lake Chatuge Lodge; Leger & Associates; Marina Station; Mary's Southern Grill; Moss Forestry Consulting Services, Inc; Nelson Tractor Company; North Georgia Golf Carts; Paradise Bar & Grill; Pic-A-Nick Basket Deli; South State Bank; State Farm; Union General Health System; United Community Bank. T(June29,F1)JH



